

Vicky Goldin - Privacy Notice

Psychotherapists are required to comply with the directives set out by the 2018 General Data Protection Regulation (GDPR). I am a registered data controller with the Information Commissioner's Office (ICO) and as such collect, store and process personal information about you to enable me to run my psychotherapy practice. I collect personal data on the legal basis of "legitimate interests" or with your consent, according to the GDPR guidelines, as I need information about you in order to be able to work with you.

Use of my website

When you use my website, you do so at your own discretion. My website may collect information about the type of device you use to access the website, the Internet protocol (IP) address used to connect your computer to the Internet, and the date and time you access the website. This information is used to monitor the performance of the website. Like many websites, this website uses Cookies to enhance your experience and gather information about visitors and visits to the website. By accessing and using the website, you consent to the processing of data about you in this manner and for the purposes set out in this Privacy Notice. When you contact me by sending me a message via my website, you are in control of how much and what type of information you choose to provide. Although I only require initial contact information from you, I accept that you may choose to provide me with further information.

Information collected

The information you give me may include your name, address, e-mail address and phone number. When making electronic payments for my services, this information may also include your banking details. In addition, you may provide me with additional details on your initial referral form, such as your date of birth, occupation, next of kin, GP and context around your reasons for seeking therapy.

I am required to have regular supervision as part of my continuing professional development, for which any clinical material discussed is anonymised to preserve confidentiality and protect your privacy, as well as that of any person or third party mentioned in the course of your therapy. I may keep a brief note of your attendance and of the content of ongoing sessions to trace the course and progress of our work together, and as the basis for reflection and guidance in professional supervision. Any such notes are anonymised, stored securely and, once no longer needed for the purpose they were gathered, securely destroyed. Personal information, including electronic communications between us, will be retained for as long as I provide services to you, and for a period of up to 7 years thereafter.

I will only share your personal data with a relevant authority or healthcare provider (such as your GP) where it is necessary for compliance with a legal obligation to which I am subject, or where it is necessary to protect the vital interests of you or of another person (i.e. a safeguarding concern).

Your rights

Under the GDPR, you have the right to:

- Ask to be informed of what data processing is taking place
- Ask for a copy of your personal data held by me, at no cost to you
- Ask me to correct any personal information that I hold about you, or inform me about any changes to your personal information
- Request that your personal data be transferred to another person (data portability)
- Make a data protection complaint

Changes

This Privacy Notice was last updated on 18 May 2023. If my Privacy Notice is updated, I will post the changes on this web page.